



PORTLAND THORNS ACADEMY COVID-19 RETURN TO PLAY RESPONSIBILITIES

CLUB RESPONSIBILITIES

- Provide Sanitation station at fields
- Confirm Parent took players Temperature, prior to attending, if not, the players temperature will be taken and Symptom Checklist Reviewed
 - Have you had a fever >100 degrees in past day?
 - Exposure to someone with COVID-19 in the past 14 days?
 - Do you have a cough?
 - Do you have shortness of breath?
- Provide entrance exit protocol to meet required social distancing rules
- Provide proper field space to meet required social distancing rules
- Maintain action plan in case player or coach has Positive test
- Monitor guidelines from Oregon Governor and Oregon health authorities
- Provide COVID-19 Club Policy Guidelines to all club members

COACH RESPONSIBILITIES

- Ensure the Health and Safety of all players
- Monitor personal health and hygiene, including taking his/her temperature prior to attending training/activity—stay home if you feel sick
- Follow Club Protocol and Guidelines including social distancing
- Wash hands before and after practices
- Wash and sanitize equipment before and after each practice
- Wear a mask
- Coaches communicate with players upon arrival at practice to confirm that players are not experiencing any COVID-19 symptoms
- No physical contact including group celebrations, hugs, handshakes or any contact with players or coaches while social distancing rules are in place
- Please review and make yourself familiar with the Thorns Academy Protocol and guidelines prior to attending Thorns Academy activities
- Have fun, stay positive-players and parents are looking to you to stay calm, supportive and caring at this time

PLAYER RESPONSIBILITIES

- Follow protocol for club rules and guidelines
- Monitor personal health and hygiene, stay home if you feel sick
- Wash and sanitize hands before and after training
- Bring own soccer ball and water bottle to all training
- Wash and sanitize your equipment before and after training
- Wear mask before and immediately after training
- Do not touch equipment or things that do not belong to you
- Do not assist coach with equipment before or after training
- Practice social distance before, during, and after training
- Please review and make yourself familiar with the Thorns Academy Protocol and guidelines prior to attending Thorns Academy activities
- No physical contact including group celebrations, hugs, handshakes, or any contact with other players, or coaches while social distance rules are in place

PARENT RESPONSIBILITIES

- Monitor and ensure players personal health and hygiene, prior to all soccer activities and keep your child home if he/she is or feels sick
- Take players temperature prior to training
- Limited or no carpooling
- Stay in your car or away from practice field while players train
- Ensure player equipment is sanitized before and after training
- Notify Thorns Academy staff immediately if player becomes sick
- Please support players by reinforcing the Club Protocol and Guidelines
- Do not assist coach with equipment before or after training
- Please review and familiarize yourself and your child with the Thorns Academy Guidelines before player attends Thorns Academy activities
- Sign Assumption of Liability prior to your child attending
- If player has had or contracts COVID-19, before player can return parents must submit a Clearance from Doctor stating player is cleared with “No Restrictions”



PORTLAND THORNS ACADEMY COVID-19 RETURN TO PLAY PHASES

Phase 0 -Stay at Home

TENTATIVE Dates: Now -June 22nd

- Individual Practice
- Club Virtual coaching only
- Physical and social distancing

Phase 1 -Small Group Training—Pre-ID and ID CAMPs

TENTATIVE Dates: June 30th

Because of field availability and safety issues Westside Timbers will not start Phase 1 until this time.

- Field Access – 6 Grid Field
- Individual training – NO CONTACT
- 9 players - 1 coach
- Physical and social distancing
- Players bring own ball and water bottle
- No shared equipment
- No Goal Keeper training using hands until Phase 4
- Assumption of Liability Waiver signed
- Parent and Player Responsibility Waiver signed
- No Parents allowed on or near field to maintain social distancing

Phase 2 -Larger Group Training

TENTATIVE Dates: Startup July 13th

- Field Access – 4 Grid Field
- Maximum 20 player- made up of 2 Cohorts of 10 each—restrict mixing of Cohorts
- Training time—60 minutes or less
- Limited CONTACT
- Physical and social distancing
- Players bring own ball and water bottle
- No shared equipment—balls, pinnies, water bottles etc.
- No using hands—(No throw-ins—No Goal Keeper training using hands)
- No Headers—No slide tackles
- No Parents allowed on or near field to maintain social distancing

Phase 3 -Full Teams

TENTATIVE Dates: TBD estimate August

Phase 3: Dependent on guidelines provided by Governor Kate Brown and the Oregon Health Authority. Earliest that a county can enter in Phase 3 is TBD.

Phase 4 -Full Team - Contact

TENTATIVE Dates: TBD

Phase 4: Dependent on guidelines provided by Governor Kate Brown and the Oregon Health Authority. Earliest that a county can enter in Phase 4 is TBD.